Stopping on the island of Sylt, the northern most and scenic windsurf and surf location at Germany's North Sea coast, for the second event of the German SUP Challenge.

And indeed challenging were the rough conditions regarding wind, waves and current during the SUP wave contest and the Technical Beach Race for the competitors.

Parallel to the SUP competitions there also took place the German Windsurf Cup delivering a nice mix of close to beach action for the huge crowd of spectators and tourists alike.

Elevating this event to one of the most prestigeous watersports events besides the PWA Windsurf Worldcup at the same location and the Kiel Sailing Week.

On the day of the SUP wave contest we had up to 5 ft wind waves, extreme currents and chilly northwesterly wind. Nevertheless it was pure fun for everybody to prove his abilities. Luckily i'm pretty much used to all type of waves on Gran Canaria so I could use my experience to get the best out of it on my Hokua LE and convincing the judges with dynamic turns and waverides to the beach. Stoked to win the female competition and see my dad making the men's finals, finishing 4th. Not forgetting to mention that my younger brother Maui also ripped some waves in his first SUP wave contest.

After a lay day because of the even heavier conditions on Saturday, we finally launched our raceboards on the last day of the event for the technical beach race.

The still big shore break challenged the competitors after the beach start on their way to the outside mark. The return to the beach however offered some nice opportunities to make up ground in riding the surf. This I needed urgently after a bad take off and a quite big gap to the leading girl. After rounding the mark I was able to catch up, ripped off my leash quickly on the arrival at the beach and used a powerful sprint to finish first. My dad came in 3rd in the men's finals.